



This is the structure of the mobile visit and can be made into a procedure if you want one.

How to structure a mobile visit:

First, confirm appointment and ensure that the intake paperwork is complete (with the EMR of your choice) or have patient fill out intake paperwork when you arrive.

Arriving to a house call

- Apply mask (Depending on COVID situation in your area)
- Remove shoes
- Have clients sit or lay where they are comfortable such as a recliner.
- Confirm patients name and date of birth.
- Ask which IV mix they would like and what their goals from treatment are.
 - This is a great opportunity to upsell the mixtures or to sell them add-ons such as IV push medications or injectables.
- Ask about allergies to food, supplements, and medications.
- Sanitize hands and prepare supplies on metal tray that is portable.
 - Large metal baking dishes work great!
- Place pad/towel under arm and apply tourniquet while assessing both arms if needed.
- Sanitize hands while tourniquet is still on (should be 30 seconds by now).
- Place IV (I shoot for 20g when I can but 22g works fine.)
 - 20g infuses about 10 minutes faster than 22g just FYI!
- Attached J-loop if used and flush the line.
- Prepare IV bag on a clean pad using their coffee table or countertop.
 - Or have the IV bag prepared before arriving to their house depending on state regulation such as hood requirements.
- It is good practice to be SUPER sterile and clean during this entire process.
 - Sam's infection rate is zero and intends keeping it that way to reduce liability.
- Clean vials with ETOH wipe and start drawing up recipe doses if mixing in house.
- Inject into bag of normal saline if mixing in house.
- Spike bag with tubing.
- All the air to go through the tubing as this will prevent air-emboli.
- Scrub the hub with ETOH and connect tubing to luer lock on J-loop.
- Start infusion at slow drip for a few minutes.
- Assess for symptoms or side effects, if none occur then increase drip rate to max rate as tolerated.
 - Often times, you can infuse these cocktails wide open.
- If patient complains of anything, STOP the infusion and wait for symptoms to go away, then restart at slower rate.
- Add-ons can be added at any time except glutathione, NAD+, and ALA.
 - Glutathione, NAD+, and ALA should be given prior to infusion, during if paused, or after infusion.



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- As the infusion runs, this creates a perfect opportunity to discuss other services you offer such as weight loss, HRT, anti-aging services, etc...
- Once the IV is complete, unhook everything and ensure patient is doing well.
- Remove IV and wrap with coban/bandage.
- Schedule next visit as recurring patients increase your practices long-term revenue!
 - Try to upsell with packages and memberships.
- Leave business cards, brochures, websites, and discuss referral bonuses you provide.
- Collect payment utilizing your mobile point of sale that can be added to your phone such as QuickBooks Go Payment.
- Move onto the next job if you have more mobile visits scheduled and rinse and repeat!

This process can vary based on skill and efficiency (not speed), but if you try to rush you will likely mess something up! This will make you look incompetent, and the patient won't call you again. Therefore, act professional, knowledgeable, and competent!

Sam can infuse 2 people in 30 minutes total (from arrival to leaving). This did not happen overnight but took practice by infusing thousands of patients. You can be fast and efficient as well, just be patient and do as many infusions as you can!

Schedule patients in 2 hours blocks to allow for infusions and traffic. Remember, it is the patients time to relax and enjoy the infusion, so don't make them feel rushed or it will be a customer lost and a loss of referral business. Remember, this turns into a word-of-mouth business after 3-6 months, therefore it is critically important you provide EXCELLENT and CONVENIENT service!